

Peace Area Meetings

Meeting Format Legend

T-topics, JFT- Just for today LS-Literature Study WC-wheel chair C-closed (addicts only) O-Open (visitors welcome)

Sunday	New Beginnings
6:00-7:00PM O, JFT, WC	Northern Addiction Centre 11333 106 St Grande Prairie AB
12:00-1:00PM	The Whatever Group Pomeroy Hotel 4311 51 St Grimshaw AB
Monday	We Are Clean and Serene
8:00-9:00PM C, JFT, T, WC	Westpointe Church 11305 Pinnacle Blvd, Grande Prairie AB
8:00-9:00PM O, T	Living in the Peace 10507 101 Ave Fort St. John BC
Tuesday	Tuesday Night for Now
7:00-8:00PM O, LS, JFT, T, WC	The Shop 103 10029 97 Ave Grande Prairie AB
Wednesday	Gift of Life
8:00-9:30PM O, JFT, LS, WC	Northern Addictions Centre 11333 106 St Grande Prairie Ab
8:00-9:00PM O, Book Study	Living in the Peace 9907 98 St Fort St. John BC
7:30-8:30PM O, JFT	Peace River Correctional Centre (Clearance Needed) Peace River AB
Thursday	Just for Today
8:00-9:00PM O, JFT, T, WC	Salvation Army Family Services 9615 102 St Grande Prairie Ab
Friday	New Hope
7:30-9:00PM O, JFT, LS, WC	Northern Addictions Centre 11333 106 St Grande Prairie AB
8:00-9:00PM C, Ask it Basket	Living in the Peace 9907 98 ST Fort St. John BC
8:00-9:00PM O, JFT	The New Beginnings Group United Church 10104 100 Ave Peace River AB
Saturday	Freedom to Speak
8:00-9:00PM O, SB, WC	The Community Village Building C 10116 102 Ave Grande Prairie AB

Names & Phone Numbers

V – willing to sponsor

Peace Area Narcotics Anonymous



God grant me the serenity to accept the things I cannot change the courage to change the things I can and the wisdom to know the difference

Peace area Service Committee

3rd Sunday of every second month (see website for details)

www.peaceareana.com

Updated January 6, 2019

For the New Comer

You don't have to be clean when you get here, but after your first meeting we suggest that you keep coming back and come clean. You don't have to wait for an overdose or jail sentence to get help from NA, nor is addiction a hopeless condition from which there is no recovery. It is possible to overcome the desire to use drugs with the help of the Twelve Step program of Narcotics Anonymous and the Fellowship of recovering addicts. Addiction is a disease that can happen to anyone. Some of us used drugs because we enjoyed them, while others used to suppress the feelings we already had. Still others suffered from physical or mental ailments and became addicted to the medication prescribed during our illnesses. Some of us joined the crowd using drugs a few times just to be cool and later found that we could not stop. Many of us tried to overcome addiction, and sometimes temporary relief was possible, but it was usually followed by an even deeper involvement than before. Whatever the circumstances, it really doesn't matter. Addiction is a progressive disease such as diabetes. We are allergic to drugs. Our ends are always the same: jails, institutions, or death. If life has become unmanageable and you want to live without it being necessary to use drugs, we have found a way. Here are the Twelve Steps of Narcotics Anonymous that we use on a daily basis to help us overcome our disease

1. We admitted we were powerless over our addiction, that our lives had become unmanageable
2. We came to believe that a power greater than ourselves could restore us to sanity
3. We made a decision to turn our will and our lives over to the care of God as we understood Him
4. We made a searching and fearless moral inventory of ourselves

5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs
6. We were entirely ready to have God remove all these defects of character
7. We humbly asked Him to remove our shortcomings
8. We made a list of all persons we had harmed and became willing to make amends to them all
9. We made direct amends wherever possible except when to do so would injure them or others
10. We continued to take personal inventory and when we were wrong promptly admitted it
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs

Recovery doesn't stop with just being clean. As we abstain from all drugs (and, yes this means alcohol and Marijuana too) we come face to face with feelings that we have never coped with successfully. We even experience feelings we were not capable of having in the past. We must become willing to meet old and new feelings as they come. We learn to experience feelings and realize they can do us no harm unless we act on them. Rather than acting on them, we call an NA member if we have feelings we cannot handle. By sharing, we learn to work through it. Chances are they've had a similar experience and can relate what worked for them. Remember, an addict alone is in

bad company. The Twelve steps, new friends, and sponsors all help us deal with these feelings. In NA, our joys are manipulated by sharing good days; our sorrows are lessened by sharing the bad. For the first time in our lives, we don't have to experience anything alone. Now that we have a group, we are able to develop a relationship with a Higher Power that can always be with us. We suggest that you look for a sponsor as soon as you become acquainted with the members in your area. Being asked to sponsor a new member is a privilege so don't hesitate to ask someone. Sponsorship is a rewarding experience for both; we are all here to help and be helped. We who are recovering must share with you what we have learned in order to maintain our growth in the NA program and our ability to function without drugs. This program offers hope. All you have to bring with you is the desire to stop using and the willingness to try this new way of life. Come to meetings, listen with an open mind, ask questions, get phone numbers and use them. Stay clean just for today. May we also remind you that this is an anonymous program and your anonymity will be held in the strictest of confidence. "we are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help."

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